

BELOVED COMMUNITY - We are now hip deep into Lent!

In the early church, Lent was a period of time for preparation for the baptism of new converts and the penance of all Christians. Today, we regard this tradition as an opportunity to focus on our relationship with God, growing as disciples and extending ourselves in practices that promote spiritual growth and nudge us toward service in the world around us. With this Lenten sentiment, I look ahead to this month in the same way the groundhog looks for his shadow. I was recently reminded of the tradition of Groundhog Day and how his shadow determines whether or not we have six more weeks of winter. While I know this tradition is merely a tradition, I think about how our Lenten season invites us into the practice of anticipating the spring of Easter. We honor and celebrate six weeks of Lent that invite us to settle into our relationship with God like we settle into a blanket for warmth during the season of winter. Our month of March is steeped in this invitation to draw closer, preparing ourselves to welcome the warmth of the Easter sunrise as we attempt to warm ourselves with practices to build our relationship with God and the world around us. Last month, I mentioned how this season invites us to look closer. This month, I invite us to look closer by looking at Lent with eyes warmed by our relationship with the world around us. An example I love to lead with is a new practice of fasting that was shared by Pope Francis:

Fast from hurting words and say kind words.
Fast from sadness and be filled with gratitude.
Fast from anger and be filled with patience.
Fast from pessimism and be filled with hope.
Fast from worries and have trust in God.
Fast from complaints; contemplate simplicity.
Fast from pressures and be prayerful.
Fast from bitterness; fill your hearts with joy.
Fast from selfishness and be compassionate.
Fast from grudges and be reconciled.
Fast from words; be silent and listen.

May we enter this month with both an anticipation for the spring of Easter and the deepening of our relationship with God and the world around us.

Blessings, Pastor Amanda



MISSION -

Building relationships with C.A.R.E.

VISION -

Compassionate Community

Attentive Hospitality

Responsive Outreach

Engaging Spiritual Formation

IN THIS ISSUE...

2 WORSHIP SCHEDULE

3 CARE & NURTURE

4-5 MISSION & EVENTS

6 WOMEN'S HISTORY

7 TELL ME A STORY

8 CONFERENCE CONNECTIONS

9 CALENDAR

10 CLOSING PAGE







WORSHIP SCHEDULE

March 3rd

Scripture: Mark 10:17-31

Sermon: The Rich Man and Jesus

March 10th

Scripture: Matthew 15:24-28

Sermon: The Scraps for the Dogs

March 17th

Scripture: Matthew 26: 36-46

Sermon: The cup that could not be

passed

March 24th PASSION SUNDAY

Scripture: Mark 15:37-39

Sermon: The Torn Veil

March 31st EASTER

Scripture: John 20: 1-18

Sermon: The Ones who Weep and



CARE & NURTURE

Our mission is to remain watchful of the various areas of need affecting our congregation, both physical, spiritual and emotional. We are led by compassionate hearts and created 'paths' to reach those who are: homebound, experiencing illness, loss of family/friends, celebrating anniversaries and birthdays.

Also, important to our mission is providing resource information from local community programs and organizations that assist in a variety of areas such as: legal counsel, home help, yard work, health care providers, transportation, personal care, assisted living options and hospice providers.

We would love to walk alongside you and offer you care! Let us know how we can care for you in presence and/or prayer by contacting us in one of the following ways:

Call- (928)772-6366

Email- prescottvalleyumc@gmail.com

Text us- (833)234-2119

Visit our Website- prescottvalleyumc.org

Senior Connection

Your Key to Senior Resources

March 14, Thursday NOON-1pm

Title: "Unforgettable Aging - Brain Fitness"

Presenters: Jen Beyst, Deanna Eder. Polara

Health

Location: Las Fuentes Resort Village

1035 Scott Dr, Prescott 86301

March 28, Thursday NOON-1pm Title: "What's Killing Our Seniors?" Presenter: Nikki Rosson, MATFORCE

DID YOU KNOW!!

There is a RESOURCE TABLE available to all. The Care and Nuture Committee is reestablished the 'Resource Table' located in our Fellowship Hall. You will find information for the taking by anyone about the services that are available from the local community programs and organizations that could assist you in areas such as: legal council, home help, health care providers, transportation, personal care, assisted living options and hospice providers. This table will also offer FREE useful items such as calendars, and greeting cards, etc..

Please take a few minutes to browse at the table to see what may be helpful to yourself.

Blessings to all.





MISSION & EVENTS

A Note From Pastor Amanda:

In our Missions section for this month, you will notice that there is a lot of information from December, which was three months ago. This is because I overlooked a very important email from our Missions & Events team and did not share this with all of you in January! I did not want this information to go unnoticed so I am sharing the wonderful December news along with a couple of new things coming up in our Missions & Events Calendar. I apologize for not sharing the wonderful news from December! I hope you will continue to celebrate with me.

On December 2nd we held a very successful **Bake Sale & Bazaar**. A huge "Thank You" to our Leader **Jeannie Ward**, who organized the event, led the marketing efforts and recruited vendors for the bazaar. Special thanks also to Catherine Haralson for supervising the bake sale, and to everyone who helped in any way, including baking, set-up, clean-up, buying,

making and serving lunches, and much, much more.

Although December was a Member's Choice month for giving to missions, we had a small **Angel Tree with Bradshaw Mtn. Middle School**. Angel bags were delivered to the parents by December 15th. L to R: Principal Samantha Opperman, Gretchen & John Eastman, Nurse Nancy Wilson, Cindy & Larry Griffin.

SPECIAL THANKS TO YOU, our members, for your wonderfully caring and very generous spirit. During 2023, we were able to donate a total of \$4,948* to our missions on your behalf.

We hope you enjoy a wonderful New Year! The next Mission & Event meeting is scheduled Wednesday, February 7, 10:00 am in the administrative building. *Amount as of 11/13/2023.



2024 Mission & Events Schedule (cont.)



MISSION & EVENTS cont.

2024	MISSION	EVENTS (Dates TBD or Tentative)
JAN	Member's Choice	
FEB	CASA Meals on Wheels	UMM Fat Tuesday Pancake Breakfast
		(2/29/24)
MAR	Yavapai Food Bank	Sisters of Grace Bake Sale
		(3/23/24)



Ladies & Gentlemen...Put on Your Aprons!!

'Spring Bake Sale' – to be held in Fellowship Hall on Sat., March 23rd, so, we need all of you who can bring **homemade/homebaked** cookies, cakes, pies, brownies, breads and cupcakes. The sale will be advertised - inviting the public to come and buy these wonderful 'goodies'...so, we will need lots of your baked goods.

Start thinking about what you can share. There is a **sign-up sheet in the Narthex**. Please bring your items to church on <u>Friday, March 22nd</u>, between 9 a.m. & 11 a.m. Questions?

Contact: Catherine Haralson



WOMEN'S HISTORY MONTH

This month is Women's History Month! In honor of this month, we wanted to share a bit about a couple remarkable women in the history of our Methodist Tradition. May we reflect on their lives and how they continue to inspire us in ministry today! All of the following information and images from ResourceUMC. To learn more about more remarkable women in our history, you can visit <a href="https://www.resourceumc.org/en/partners/gcsrw/home/about-us-and-news/our-history/women-in-umc-history/w



Susanna Wesley (1669-1742) could be considered the mother of Methodism -- and not just because she was mother to John and Charles Wesley. An intelligent woman known for her organized and disciplined lifestyle, she educated her 10 children at home and devoted an hour each week to each child for private, focused conversation. Her husband, an Anglican pastor, was frequently away from home so she started holding prayer services one evening a week for the members of her household. Soon neighbors started coming, too, and then people from the nearby town – a couple hundred at a time -- to the detriment of services at the local church, whose pastor complained. It was this example of teaching and house groups that would later encourage her sons John and Charles to begin holding similar meetings. Although John Wesley never broke from the customs of his day and did not ordain women, he nevertheless provided many leadership opportunities for women in the burgeoning Methodist movement.

Anna Howard Shaw (1847-1919) was a suffragist, physician and one of the first women to be ordained in the United Methodist tradition. She was born in England but came to the U.S. with her family at the age of 4. She started teaching at age 15, then became a local preacher to support her college education, which her family would not fund because she wouldn't abandon her plans to become a minister. At the Boston University School of Theology, she was the only woman in her class of 43. Despite having served as local preachers for some years, both she and Anna Snowden Oliver were refused ordination in the Methodist Episcopal Church in 1880. Shaw then moved to the Methodist Protestant Church and was ordained after much protest that same year. In 1886, Shaw earned a medical degree from Boston U, although she never practiced medicine. She had a reputation as a masterful orator and spent 11 years as president of National American Woman Suffrage Association. She died at the age of 72, only a few months before Congress ratified the Nineteenth Amendment, which gave women the right to vote.





In the clamor and frenzy of our daily lives, it's difficult to mark this season of confession, repentance, and humility as we'd like. But it's not impossible if we have a Lent plan. One way is to select one-word prayers for Lent. Use one each, starting on Ash Wednesday and ending just before Maundy Thursday.

Lent one-word prayers can be offered silently or whispered during daily activities—while dropping kids at school or waiting on hold. They can offer a prayerful respite in the most mundane moments. All it takes is a little intention, a momentary awareness, and sometimes a helpful trigger or reminder. Maybe before opening the mail. Or after hearing a car horn or barking dog. So, here are seven one-word prayers for Lent I suggest for praying throughout the days and weeks leading up to this year's observance of Christ's Passion. Let them bring meaning to the Lenten season.

Week 1 of Lent: Confess - In the first week of Lent, cultivate a heightened awareness of your own frailties and shortcomings by regularly praying "I confess..."

Week 2 of Lent: Silence - The next week, speak this word into the busyness and noise of your life. Make it a prayer for quietness. Use it as a reminder to calm your own mind and heart. Let it be a request for more moments of silence during this holy season.

Week 3 of Lent: Surrender - In the third week of Lent, take every opportunity to say "Surrender," submitting to God in humility, obedience, and worship. Let it remind you of Gethsemane, where Jesus prayed, "Not my will, but yours be done."

Week 4 of Lent: Mercy - Let this word make your fourth week of Lent a continual cry for mercy, for yourself and for others.

Week 5 of Lent: Break - As you pray into the fifth Lenten week, you may have become more aware of your sins and shortcomings, habits and tendencies that aren't helpful to you or pleasing to God. Speak the word "break" often in the course of your days, asking the Lord to break up those patterns and proclivities.

Week 6 of Lent: Need - Among the blessings of Lent is a deeper and broader awareness of how much we need the powerful presence of Jesus in our lives. Repeating the word "need" as often as possible can become a petition for God to "meet all your needs according to the riches of his glory in Christ Jesus" (Philippians 4:19 NIV).

Week 7 of Lent: Jesus - In the final week of Lent, as you prepare for the events of Holy Week, speak the name of Jesus, invoking His presence, praising His beauty, and asking for His blessing and working in your life and in the lives of those around you.

Try it. Sprinkle each of these seven one-word prayers for Lent through your days, hours, and minutes between now and the annual observance of Christ's Passion. Then you may be more ready than ever for the glorious celebration of Resurrection Sunday.

Found 2/12/24 from: Guideposts email Author: Bob Hostetler





The Desert Southwest Conference Clergy and Lay Leadership Development team invites you to join us for another Leadership Talk on March 11, 2024 at 7:00 PM Arizona Time (6:00 PM Nevada Time) via Zoom with featured presenter Cat Holbert, Director of Camp and Retreat Ministries for the Desert Southwest Conference.

About the Presenter: Cat Holbert

Cat knows a camp and retreat experience shapes lives in various ways. At camp, people are accepted in communities of belonging. They are loved for who they are and are often called into their vocations because of a camp experience. As a 25+ year "veteran" in United Methodist Camp & Retreat Ministries, Cat knows this first hand. She has filled many of the regular camp staff positions: counselor, cook/housekeeper, lifeguard, high ropes specialist, Program Director, Camp Director, and Executive Director of Camp & Retreat Ministries in the Desert Southwest Conference, as well as Director of Mingus Mountain! She is a member of the American Camp Association (ACA) and serves as a visitor for the accreditation program. Cat received her Bachelor of Science (Magna Cum Laude) from Virginia Commonwealth University, where she studied Recreation and Parks Management and Religious Studies. She also completed coursework for Professional Camp & Retreat Ministry Certification at Drew University. During covid, Cat continued her education by receiving a Fundraising and Strategic Planning certificate from the ASU Nonprofit Management Institute. Most recently, Cat has completed training and is on her way to becoming a certified 'co-active' coach with the International Federation of Coaching. Recently, Cat's rolled off the United Methodist Camp & Retreat Ministries Association (UMCRM) Board of Directors after serving for 10 years and providing leadership for multiple UMCRM National Gatherings. An avid believer in training and education, Cat has served as faculty for the ecumenical camp leader's training, "Compass Points," She is dedicated to personal life-long learning, always striving for excellence so that she can be a better leader, supervisor, and human. When she's not living the camp life, thinking about camp, or dreaming of new ideas for camp, Cat enjoys hiking and biking in Prescott, AZ (and the surrounding areas), baking up a bevy of delicious goods, studying the enneagram and connecting with friends from around the country.

Recommended Resources: "Co-Active Coaching: 4th Edition" by Karen Kimsey-House, Henry Kimsey-House, Philip Sandhal & Laura Whitworth; "The Thin Book of Trust" by Charles Feltman; "Self-Compassion: The Proven Power of Being Kind to Yourself" by Kristin Neff; "Immunity to Change: How to Overcome it and Unlock the Potential in Yourself and Your Organization" by Robert Kegan and Lisa Laskow Lahey





Office Hours:

Tuesday - Thursday 2:00pm-5:00pm

Sunday Online Service Information
To join our worship online, you are
invited to visit our YouTube Channel,
Prescott Valley UMC. We stream live at
10:10 a.m.

If you have any questions, please contact
Pastor Amanda directly at
prescottvalleyumcpastor@gmail.com

Address Correction Requested

Website: prescottvalleyumc.org

8944 E Sommer Dr Prescott Valley, AZ 86314 (928)772-6366



Sunday Worship Times

9:00am Adult Sunday School

9:00am Choir Rehearsal

10:15am. Worship Service

Leadership

Bishop Bishop Carlo A. Rapanut

Dist. Supt. Rev. Javier Olivares

Dist. Lay Leader Jeannie Ward

Pastor Rev. Amanda Corella

Pastor Emeritus Rev. Gary Simons

Lay Leader Elton Anderson

